Concordia University
Department of Psychology

PSYC 205 / EC – Introductory Psychology 3 credits
Fall 2026
CLASS TIME: Online Asynchronous
CLASS DELIVERY: eConcordia

Instructor: Dr. Jayson San Miguel **Office:** SP 253-15
Email: jayson.sanmiguel@concordia.ca
Office Hours: By appointment – booking link will be made available online
Teaching Assistants: To be announced – check course page for contact information

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Land Acknowledgement

We acknowledge that Concordia University is located on unceded Indigenous lands. The Kanien'kehá:ka Nation is recognized as the custodians of the lands and waters on which we gather today.
Tiohtià:ke/Montréal is historically known as a gathering place for many First Nations. Today, it is home to a diverse population of Indigenous and other peoples. We respect the continued connections with the past, present and future in our ongoing relationships with Indigenous and other peoples within the Montreal community.

Course Description

This comprehensive survey course introduces students to a wide variety of topics in scientific psychology. Topics may include the foundations of modern psychology, neural mechanisms, learning and memory, sensation and perception, motivation and emotion, cognitive processes, social influences, personality, disorders of cognition and behaviour, and therapy.

NOTES: Students entering all Psychology programs except the minor who have not received credit for or exemption from Introductory Psychology at Cegep or other post-secondary institutions must take this course, but not for Psychology program credit. Students who have received credit for PSYC 200 may not take this course for credit. Students who have received credit for or exemption from Introductory Psychology at Cegep or other post-secondary institutions may not take this course for credit

Course Materials

The material for this course consists of the required online textbook and the course website which includes the quizzes, videos, discussion board and other course material. All quiz and examination questions will come from the course material itself, including online lectures and the textbook.

Your digital textbook is available online through the Concordia platform at the link below: Select to access the Introduction to Psychology Textbook.

Please make sure to follow along with the textbook as we move through the course. Each unit in the course corresponds directly with a chapter in the textbook (ie: Unit 1 = Chapter 1, etc.)

Course Objectives

1. **Identify** and **explain** key concepts related to psychological principles and human behaviour, including knowledge of the similarities in basic biological structures and cognition among humans and the factors that contribute to differences between humans.
2. **Analyze** and **evaluate** idea related to the science of psychology and various psychological topics.
3. **Reflect** and **apply** knowledge to everyday life.

Mode of Delivery

The course website can be accessed at www.econcordia.com Your eConcordia account will be valid until the end of the term for which you are registered. Your account will allow you to access the online course material, which includes videos, notes, discussion boards, all graded course components, useful links, readings and many more resources from the course website for the duration of the term.

The recorded lectures coincide with content from our e-textbook. The recorded lectures and course resources found on the eConcordia course site have been recorded and curated by **Dr. San Miguel**.

Although the course is delivered asynchronously through recorded lectures, the level of engagement will be dependent entirely on you – the learner.

To optimally achieve the course objectives and your personal goals for success in the course, it is recommended that students:

- Read textbook chapters,
- Create study notes and aids based on their readings of the textbook chapters,
- Complete all course material, including mini-lectures and unit assignments.

Instructor Notes

As your course instructor, my role is to support your learning throughout this semester. Despite the online asynchronous nature of the course, I will do my best to engage and interact with you by providing timely responses to your questions, comments, and discussion posts. I will typically respond to emails within **48 hours**. **Please include the course code and section in your email title (PSYC 205/EC).**

I may also post supporting resources and my own recordings on our course pages to complement the previously designed course material, including small group Q&A sessions and exam preps.

Finally, I understand that students may face and deal with stress, anxiety, and other physical or mental health issues throughout the semester. If at any point, you feel overwhelmed or if you find yourself in need of additional support with the course, feel free to reach out to me or use our university resources (see **Supporting Your Success**).

Extraordinary circumstances

In the event of extraordinary circumstances and pursuant to the Academic Regulations the University may modify the delivery, content, structure, forum, location and/or evaluation scheme. In the event of such extraordinary circumstances, students will be informed of the changes.

Method of Evaluation

Assessment	Description	Weight	Due Date
Collaborative Reflection	Completion of online participation of activities.	5%	On-Going
Online Midterm Tests	There will be two online tests. Each test will comprise of a combination of multiple choice and long answer questions. Each test will ONLY be open for 12am until 11:59pm on the date listed.	20% (10% each)	Test 1 – Oct. 9 Test 2 – Nov. 13
Unit Assignment Sets	These assignments will build on content knowledge from that specific unit and will expand on research, critical thinking, and/or reflective skills. Students can choose between different topics. Some assignment options may include writing papers, creating brochures, recording presentations and/or podcasts, or group work.	35% (17.5% each)	Set 1 – Oct. 23 Set 2 – Dec. 4
In-Person Final Exam	Cumulative in-person multiple choice exam. This exam will be scheduled on-site at the SGW campus.	40%	Final Exam Period (check your Student Hub for time and location)
TOTAL		100%	

All methods of evaluation components will be discussed in detail through the term. Written instructions, assessment rubrics and exam review guides will be made available to in advance of the due date.

Please note that the above methods of evaluation are subject to change. Students will be informed of any changes as soon as possible.

BONUS POINTS – students will be able to attain bonus points through participation in the SONA Participant Pool system. Further information can be found on the course page.

Grading Policy – PLEASE READ!

There will be a deduction of 10% per day from late assignments submitted, up to 5 days. All late submissions must be accompanied with a valid reason (ie: signed medical note, supporting letter, etc.) for them to be accepted. Term Tests will automatically close after the assigned time and you will not be able to access them. You must contact me regarding any missed assignments and/or tests. If possible, please contact me ahead of time to negotiate any deadlines that you might miss to avoid any penalties on your assignments. Each case will be dealt with individually.

IMPORTANT – PLEASE NOTE: Resubmissions, substitutions and/or make-up assessments **will not be accepted** – **please do not request for these**. Any disputes about grading must first be discussed in detail with the grader prior to instructor intervention. All interactions regarding grading must be handled respectfully and any accusatory or disrespectful behaviour will be escalated to the department chair and/or the Dean.

Ethical Behaviour

The most common offense under the Academic Code of Conduct is plagiarism, which the Code defines as "the presentation of the work of another person as one's own or without proper acknowledgement." This includes material copied word for word from books, journals, Internet sites, professor's course notes, etc. It refers to material that is paraphrased but closely resembles the original source. It also includes for example the work of a fellow student, an answer on a quiz, data for a lab report, a paper or assignment completed by another student. It might be a paper purchased from any source. Plagiarism does not refer to words alone –it can refer to copying images, graphs, tables and ideas. "Presentation" is not limited to written work. It includes oral presentations, computer assignments and artistic works.

Finally, if you translate the work of another person into any other language and do not cite the source, this is also plagiarism. For further information please refer to Concordia's academic integrity page: www.concordia.ca/students/academicintegrity

Use of AI and LLM: The use of generative AI and use of LLM (such as ChatGPT, OpenAI, etc.) is prohibited for evaluated assignments. Prohibited uses and/or not sufficiently acknowledging use will be deemed misconduct under Concordia's Academic Code of Conduct. Learners who engage in these behaviours may be charged under Articles 18 (general cheating/plagiarism/dishonest behavior) and 19a (plagiarism) of the Code. In this class, writing assignments and submitting outputs that contain incorrect information

related to class concepts, inappropriate responses to assignment prompts, or details that you are unable to explain or discuss in detail is considered a misuse of GenAI.

Learners may not use artificial intelligence tools for completing exams, writing research papers, or completing other course assignments, including creative assignments, posts to discussion forums, or smaller writing assignments. However, these tools may be useful when gathering information from across sources, assimilating it for understanding, and even in the early stages of developing what they will produce for the assignment, but not for submission of the assignment itself.

Content / Trigger Warnings

As this is a psychology course that requires in-depth study and reflection, I understand that there may be topics and themes that may be distressing for students. I will do my best to post announcements and provide trigger warnings (marked as "CW / TW") on material that may make students feel uncomfortable. If there is any content in the course that you may find triggering or distressing, please contact me via email and we can discuss how I can accommodate you through this course.

Grading Scale

Below is the grading scale that will be used for this course. Final grades that end with a decimal point of 0.5 or above will be rounded to the next higher whole number, and grades that end with a decimal point below 0.5 will be rounded to the next lower whole number.

Letter Grade	Percentage	Grade Point Average	Descriptor
A+	94+	4.30	Outstanding
A	89 – 93	4.00	
A-	85 – 88	3.70	
B+	80 – 84	3.30	Very Good
B	75 – 79	3.00	
B-	70 – 74	2.70	
C+	67 – 69	2.30	Satisfactory
C	63 – 66	2.00	
C-	60 – 62	1.70	
D+	57 – 59	1.30	Marginal Pass
D	53 – 56	1.00	
D-	50 – 52	0.70	

Course Schedule – Subject to Change

Date (Week of…)	Module Topic	Assessments	Notes
September 7	**Unit 1: What is Psychology?**		
September 14	**Unit 2: The Brain and Biological Basis of Behaviour**		
September 21	**Unit 3: Memory**		September 21st – DNE Deadline
September 28	**Unit 4: Learning**		
October 5	**Unit 5: Cognition, Language, and Intelligence**	**Online Test 1 – Oct. 9**	
October 12	**READING WEEK**		
October 19	**Unit 6: Developmental Psychology**	**Unit Assignment Set 1 Due Oct. 23 @ 11:59pm ET**	
October 26	**Unit 7: Social Psychology**		
November 2	**Unit 8: Emotion and Motivation**		
November 9	**Unit 9: Personality**	**Online Test 2 – Nov. 13**	
November 16	**Unit 10: Psychological Disorders**		November 16th – DISC Deadline
November 23	**Unit 11: Therapy and Treatment**		
November 30	**Unit 12: Psychology of Well-Being**	**Unit Assignment Set 2 Due Dec. 4 @ 11:59pm ET**	
Exam Period		**In-Person Final Exam (Date and Location – TBA)**	

Schedule for Virtual Meetings

Week	Date & Time	About
Week 1	Sep. 11 @ 12pm	Intro Session
Week 2		
Week 3	Sep. 25 @ 12pm	Test 1 + Assignment Set 1 Info Session
Week 4		
Week 5		
Week 6		
Week 7	Oct. 30 @ 12pm	Test 2 Info Session
Week 8		
Week 9		
Week 10	Nov. 20 @ 12pm	Assignment Set 2 Info Session + Final Exam Review
Week 11		
Week 12		

Behaviour

All individuals participating in courses are expected to be professional and constructive throughout the course, including in their communications. Concordia students are subject to the Code of Rights and Responsibilities which applies both when students are physically and virtually engaged in any University activity, including classes, seminars, meetings, etc. Students engaged in University activities must respect this Code when engaging with any members of the Concordia community, including faculty, staff, and students, whether such interactions are verbal or in writing, face to face or online/virtual. Failing to comply with the Code may result in charges and sanctions, as outlined in the Code.

Intellectual Property

Content belonging to instructors shared in online courses, including, but not limited to, online lectures, course notes, and video recordings of classes remain the intellectual property of the faculty member. It may not be distributed, published or broadcast, in whole or in part, without the express permission of the faculty member. Students are also forbidden to use their own means of recording any elements of an online class or lecture without express permission of the instructor. Any unauthorized sharing of course content may constitute a breach of the Academic Code of Conduct and/or the Code of Rights and Responsibilities. As specified in the Policy on Intellectual Property, the University does not claim any ownership of or interest in any student IP. All university members retain copyright over their work.

Supporting Your Success

The University offers many services that can help students and their success:

1. Access Centre for Students with Disabilities: concordia.ca/students/accessibility
2. Student Success Centre: concordia.ca/students/success
3. PSYC Academic Advisor: email Psychology.PY.Reception@concordia.ca to request an advisor appointment
4. Counselling and Psychological Services: concordia.ca/students/counselling-life-skills
5. Concordia Library Citation and Style Guides: https://library.concordia.ca/help/citing
6. Health Services: concordia.ca/students/health
7. Financial Aid and Awards: concordia.ca/offices/faao
8. Academic Integrity: concordia.ca/students/academic-integrity
9. Dean of Students Office: concordia.ca/offices/dean-students
10. International Students Office: concordia.ca/students/international
11. Student Hub: concordia.ca/students
12. Sexual Assault Resource Centre: concordia.ca/students/sexual-assault
13. As a Concordia student, you are a member of the Concordia

Student Union and have many resources available to you including:

a. HOJO (Off Campus Housing and Job Bank): csu.qc.ca/services/housing-and-job-bank-hojo/

b. CSU Advocacy Centre: csu.qc.ca/services/advocacy-centre/

14. Otsenhákta Student Centre: concordia.ca/students/otsenhakta